

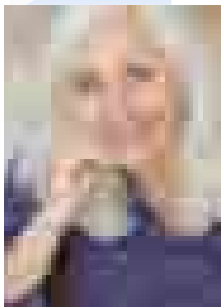


THE SHEN TOUCH

Newsletter for the Worldwide SHEN Community



First SHEN Therapy Workshop for Australia!

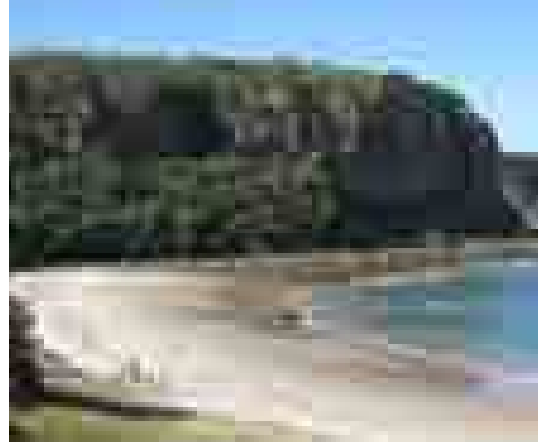


Saranya Tarrant

In July, Saranya Tarrant, SHEN Instructor, will be visiting from New Zealand to teach the first SHEN Workshop in Australia at the Ishani Retreat, Inverloch, Gippsland, Victoria. (Email: SHENtherapynz@gmail.com for details)



Inverloch beach. Inverloch is situated 143 km from Melbourne.



State of Victoria

Gippsland, South East Victoria

Gippsland covers a vast and diverse landscape stretching from just east of Melbourne all the way to the state border with New South Wales in Victoria's far east; from unspoilt beaches to enormous lakes and mountain ranges.

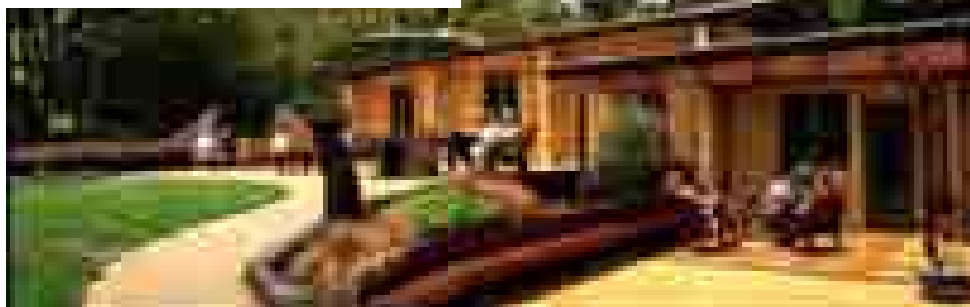


SHEN Clinical Skills Seminar, New Zealand

5th -12th October 2011

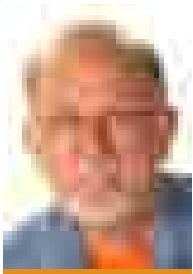
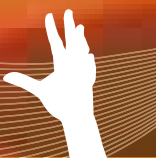
8 Day Beginning Training for SHEN Interns (Prerequisite, two 7 Day Workshops)
Venue: Aio Wira Retreat Centre. Waitakeres, Auckland.
Course Leader – Richard Pavek, assisted by Saranya Tarrant CST.

(Email: SHENtherapynz@gmail.com for details)



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Richard Pavek

Note from Richard Pavek, Founder and Senior Trainer for SHEN Therapy

“Clarifications and Updates to SHEN Practice”

Beginning this month, Richard Pavek will begin posting Clarifications and Updates to SHEN Therapy Practice to all current members of ISTA, the International SHEN Therapy Association.

In a brief conversation Richard pointed out the need: *“Every discipline and practice that has spread through the world has gone through many, many changes. Some of the changes have not been good and have eroded the practice. Small details have been*

misunderstood or were applied in ways that were not intended. These misunderstandings have reduced the therapy’s effectiveness. I am afraid that SHEN is no exception.

Over the past several years, as I have become less involved in teaching courses and more involved in mentoring and certification, I have seen both outright errors and sometimes, gross misunderstanding of how SHEN works. So it is time to do a little more teaching, I think.

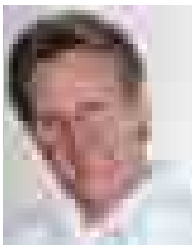
This month I plan to begin regular mailings (e-mailings) to all

registered, paid up members of ISTA. I want this to be a discussion, not just a rant on my part; I want responses from the Therapists and Interns, just as I wanted when I taught courses. The difference will be that you will have time to read and reflect before you respond. I expect that your responses will lead to further clarifications, to everyone’s betterment.”

You will want to be sure that your membership fees are current so that you can benefit from these postings.

SHEN Forum:

We invite your views, comments, feedback, suggestions and contributions to the development of SHEN Therapy and offer the SHEN Forum as a vehicle for open discussion.



Russell Fox

USA The Emergence of Self - Isn't It Finally Time?

by Russell Fox CST/CSI
Sedona, AZ USA

Years ago (...read ‘decades’ ago) as a student planning a career in classical music, I was always encouraged by my parents to have a second source of income, “...just in case things get a little slow.” For twenty years after college, that second source took the form of Swedish Massage, Shiatsu, Reiki and Polarity Therapy. In early 1989, all the nagging questions I had about the theoretical assumptions underpinning Reiki and Polarity Therapy were answered when I came across Richard Pavek’s original Handbook of SHEN. You see, for me and my Western mind, the physics behind those other modalities just didn’t work out. But finally, in Richard I found someone who not only understood, but could

also explain the realities of the human energy field.

Not only did SHEN make scientific sense, it was the most obviously effective application of hands-on energy intervention techniques I had ever experienced. After reading the Handbook of SHEN, experimenting a bit, speaking with Richard, organizing my own first training class, and writing an article for a local Los Angeles health/consciousness magazine, SHEN Therapy quickly became the therapy of choice for more than 90% of my clients.

“...let’s start with the SHEN basics..”

Now, after twenty-two years of questioning and learning from Richard,

and independently exploring the truly profound depths of classic SHEN theory and protocols, I am both more committed than ever to the work, as well as increasingly troubled by the very limited growth of SHEN and seeming lack of interest in SHEN’s rich treasures of experiential awareness, personal growth, emotional integrity, and resulting unbridled confidence and joy. The difficulties, I believe, lie not only in our present challenging world condition, but also within the undefined personal priorities of those in the SHEN community that have possibly lost sight of classic SHEN’s inherent richness. So, let’s start with the SHEN basics, and try to identify how some of us might have lost track of our original enthusiastic quest.





In the final analysis, why any of us do what we do can only be explained by how we feel. Whether we are speaking of individuals or the families and societies they populate, the bottom-line issue remains the same: The vast majority of people are completely unaware of the deep feelings that motivate their thoughts and actions. There is really very little hope of personal or societal growth, change or maturation without some profound, primal-level intervention capable of

totally incorrect when referring to the biofield therapeutic practice we know as 'SHEN Therapy.'

Secondly, even more curious was the concept of '... and Beyond.' My conviction for a long while has been that the depths and outer limits of classic SHEN Therapy are, sadly, very poorly understood. Most every 'beyond' I've looked into has proven to be either already a part of SHEN, an avoidance of SHEN, or an ignorance of

to perceive the world and all our relationships through the emotional eyes and ears of the wounded child we thought we had outgrown years ago.

In such a condition, the profound life-enriching truths inherent in the above mentioned disciplines are sadly unavailable to even the most sincere would-be seeker. Only after fully meeting and experiencing those inner dragons of our emotional selves can we actually open our awareness to more elevating personal paths. Prior to that, it is best to do our own overdue inner work, rather than attempting to lead others into the high clouds and 'beyond' of our own medicative avoidance.

"...the SHEN effect"

Through the emotional release and resolution available using classic SHEN techniques, how one perceives life and its challenges is altered. The childhood survival tools are no longer needed, replaced by a maturing sense of body-oriented observership and newly available options. As our perception changes, so does the world around us and our responses to it. What used to be traumatic for us is now, quite simply, "...no big deal." We have all seen this transition in our clients and, hopefully, in ourselves.

It's a calm, centered place of new options, an honest, nurturing and non-threatening place for reshaping the hows and whys of one's relationships with life, loves and self. For lack of a better term, it is 'the SHEN effect.'

Without reservation, I believe that if there is such a thing as 'the theory of everything,' then classic SHEN Therapy in its purest, deepest and most undiluted understanding is that thing.

To all of you who have chosen to take this particular road less followed, "Bravo!"



SHEN Therapy Practice

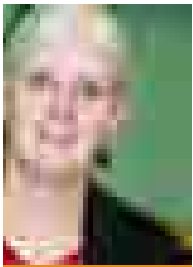
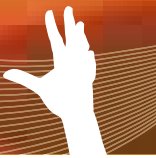
restructuring one's deepest emotional responses to life. And that remains true for even the most illustrious self-proclaimed luminaries among us.

"Here is a great example"

I recently became aware of a web/blog site of a former SHEN student-turned-retreat-facilitator using the advertising phrase, "SHEN and Beyond." How curious this is on two accounts: First, everyone in our therapeutic community knows that our legally registered service mark 'SHEN' is an acronym, and as such must be capitalized. Without the caps, it is a Romanized transliteration of the Chinese word for 'spirit' or 'divine.' Still a great word and concept, but

the very core of SHEN itself.

All serious students of SHEN Therapy, as well as their clients, must, ultimately, pull their heads out of the spiritual, metaphysical, astrological, new-age and psycho-babble clouds of avoidance and denial, and explore the fearful earth-bound realities of their own original pain and guilt. I've often said that what passes for one's personality is, most often, a collection of survival techniques, a learned set of childhood responses based on the perceived demands and threats of a world seemingly beyond our control. Without the means of fully releasing the held emotional charge of early physical and emotional trauma, we each continue



Cathrine Greene

Helping Hands

Welcome to "Helping Hands" the "Social Network" page designed for The Worldwide SHEN Community

I am grateful to Cathrine Greene CST living in Calgary, Canada who asked to post her new blog SHEN Therapy site in SHEN TOUCH.

I think this 'Social Network' is a great idea that will be one more way that members of the Worldwide SHEN Community can come together to share their rich heritage with colleagues

as well as well wishers in the SHEN Community.

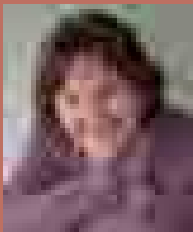
I hope many of you will visit Cathrine's blog and decide to forward details of your own blog, Twitter, or Facebook details for listing on future issues of SHEN TOUCH.

Cathrine writes: "I have a new blog SHEN therapy site that I'd like to post in the newsletter. I have posts on it of

articles I've written on emotion and would like to get feedback from other therapists on that material.

The site address is <http://greeneSHEN.wordpress.com>. Just out of interest I also have an art site at <http://cathrinegreene.wordpress.com>. These images come from the same base as the SHEN. Thanks for your time with this. Best wishes, Cathrine"

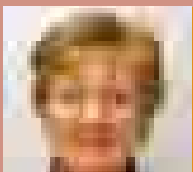
Feedback to SHEN TOUCH issue 13



I am really impressed with the SHEN TOUCH newsletter - it's so professional looking; a great achievement. I have seen some earlier issues too.

I remember our early days in Scotland (pre-internet becoming popular) of attempting to collate all the SHEN info and so know how much work is involved in that. Well done.

I couldn't believe you had passed our door on your travels - I'm near Nelson! Oh well, maybe next time we'll do a swap?! **Love Laura Campbell, CST, New Zealand**



"It is great as always and I marvel at the number of interesting articles you find and the amount of work you cover. Thank you very much.

It certainly keeps us in touch with the SHEN world wide Community."

Corona McGurk, CST, Mentor UK



"Thanks for the March issue of SHEN Touch, your article was brilliant and inspiring, so are the others as well."

Helena Legg, CST, UK



"Thank you so much for sharing SHEN newsletter with me. I'm glad that you enjoy and help others in this aspect. I myself haven't practiced SHEN for several years due to my work as a big boss. Anyhow, I still believe and interested in SHEN news. Hoping and wishing SHEN may touch many people in different ways. May the risen Lord give you peace and joy in your daily life. Best wishes." **Chalieng Vechajant. Lampang, Thailand**



It is good to contact SHEN family after so many years that I was participating in workshops. My last time was with Richard in Edinburgh.

Thank you also for sending me the SHEN TOUCH newsletter. It is amazing that you manage to create a world wide newsletter that comes regularly with SHEN news.

I am afraid I am not ready to send you material for the next newsletter. I am practicing psychotherapy and bodytherapy in Athens and I only give a few sessions of SHEN occasionally. My website is www.palimeri-psychotherapy.gr in Greek of course but I am referring to SHEN as well as expressive arts that I am practising. Thank you for your contact and I will be happy to meet you if you ever come to Greece. **Poppy Palimeri**



NEW ZEALAND

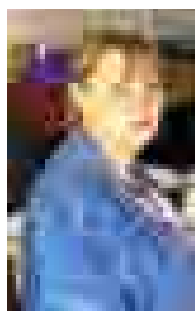
Lest we forget

With all the turmoil in the world resulting from natural disasters such as the Earthquake and Tsunami in Japan, Tornados in the USA to the Spring protests and riots in many countries; the second Earthquake to hit Christchurch, New Zealand

with devastating effect has not been strongly featured in the media although its effects have been tragic for the Cathedral City and people of Christchurch.

At 12.15 pm local time, Tuesday 22nd February 2011 a magnitude 6.3 Earthquake struck 10 kms (6 miles)

S.E. of Christchurch, New Zealand's 2nd most populous city. At least 181 people died in what has become New Zealand's costliest natural disaster.



Anna Warner

Anna Warner SSI and Christchurch resident, sends her report. Devastation plus:

Well, we all thought we got away with it after the first quake and life was returning to normal for most of us – but low and behold another massive quake, only 6.3, but very shallow hence the immense damage.

We don't have a city any more; going far from home is not an option for most of us. I have been very tentative in venturing out to my usual haunts which actually are not there anymore to go to. I went to my favourite beach for the first time this weekend; rocks everywhere still on the cliff sides; roads all barricaded off; no shops open; most condemned.

We have just heard that 900 buildings will be demolished in the central city, it's hard to believe. We are still not able to enter the city; parts are now accessible around the cordon.

I went to visit a friend who lives in town, one of the few, who is sticking it out. There is not a house in Christchurch that is not effected; I have several cracks in the floor and ceiling of my home but I am one of the lucky ones and can still live in it. God know when they will have a look at it and it may be fixed.

Anyway within all this I feel remarkable calm and when others flinch/ jump at every aftershock, I don't even react, it is quite amazing.

SHEN has helped me dramatically to deal with the initial trauma from the first quake. When I had 4 sessions about a month later I woke up every morning early with my body shaking for 3 days during the sessions; obviously the shakes were leaving my body. It was a remarkable feeling. Barbara Smith worked extensively on my Root and Kath.

In the second quake I was actually in Auckland but was very disturbed by the media reports and couldn't get hold of my family for several hours. The impact was devastating - when I arrived back in Christchurch my garden was covered in liquefaction which needed to be moved – very sticky mud which didn't want to budge.

The effect on the city was unbelievable; the roads were like roller coasters; shops that were open were packed and the shelves empty; startled eyes staring at you. I was very lucky, after 5 days I had water, power and sewage, not the same for a lot of people, (who are now still, after 3 months, using portaloos).

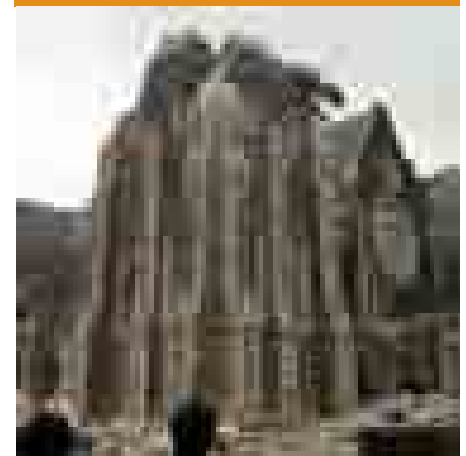
My work was very affected, only a few toilets available and no portaloos yet; our drive way is still in dis-repair. It seems we are all used to living in chaos now – nothing will ever be the same again.

These events and experiences have begun a change in consciousness which is very tangible; I have had a

deep response to meditate more; do more SHEN and generally become, where possible, less materialistic – it is just so easily taken away. Nothing can be taken for granted.

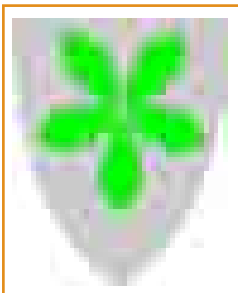


Christchurch Cathedral before the earthquakes



Christchurch Cathedral after earthquakes

BREAKING NEWS! A magnitude 6.3 earthquake hits Christchurch at 2:20pm Monday 13th June 2011.



Tingvoll Coat of Arms

NORWAY

Feature on Aashild Skarseth SSI

Aashild lives in Tingvoll, an eco-commune of 3,000 inhabitants situated between 2 Fjords in the western Region of Norway.

"Thank you so much for your letter! First, I'm very happy for the SHEN TOUCH newsletters! I print them out so I can read them on paper, over and over again.



Tingvoll, Norway admiring the views

For the moment I've been spending some weeks in Turkey, but we are leaving for home this evening. I was retired first of January this year.

I will tell you a bit of my SHEN practice, even if I have not any case records here.

I've been practising SHEN all the time since my first SHEN course, even if I had my full time job as a teacher. SHEN is the most exciting therapy I can think of, because of its extraordinary healing power in so many different matters.

One case, almost seven years ago, made a deep impression on me. A woman about 36 years old, came to see me. Her family had bought an old house and she was up a ladder painting a wall. She jumped down

to the ground and landed on a nail which went through her shoe into her forefoot. She didn't hurt any bones in the foot, but her leg and foot got very swollen. She went to the hospital for x-rays, and got antibiotics.

Six weeks later her leg and foot were in the same condition, even if the wound was healed. She was also very weak, had no energy, was unable to go to work or even making dinner for her family. This was really bad for the family, because her eldest son's confirmation was to take place in two weeks.

Then her mother-in-law asked me for help; she was cleaning in our school.

The woman had seen the doctor on Tuesday and the next day, Wednesday, she went to the hospital to see the doctor, but was told there was nothing wrong with her leg, 'it must take its time'. Thursday at 13.30 pm she came to my school, her mother-in-law drove her. She came walking in on crutches. I worked on her for half an hour, then I had to run for my bus home.

The next morning I found a huge bouquet of wildflowers on my desk and a greeting card from the young lady. She was so much better! When she came home after the session, she had made dinner and started to work in her garden. This was in May. But her

leg was still a bit swollen, so she came once more on Friday afternoon. She came walking without crutches and with her husband's shoe on. Another SHEN session of half an hour.

On Monday morning her mother-in-law told me, that her daughter-in-law had put her 'city-sandals' on and went shopping together with her son on Saturday, doing all the shopping for his confirmation!

The reason for her swollen leg, and it was indeed swollen - it was as thick as her thigh - and her weakness, was due to her emotions when her husband had to cut her shoe off, and use all his power to pull out the nail from her foot.

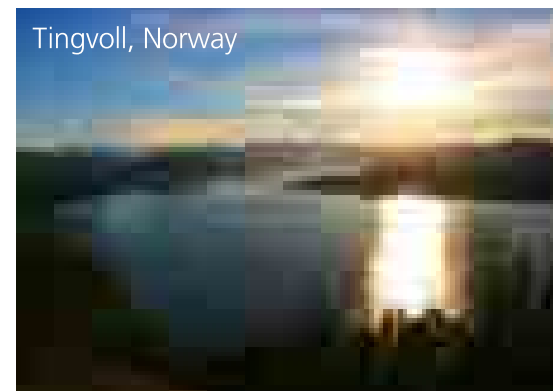
When she released her emotions, she said 'my foot became normal and it was just like letting out air from a balloon'.

Her mother-in-law, she, and I were all so surprised by this happening in just two days.

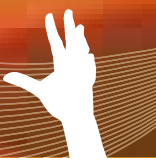
Some very happy cases: I have given SHEN to 12 new born babies crying day and night, and they all stopped crying and started to sleep, to their parent's joy!

I've done SHEN on so many different cases, and I am grateful from the bottom of my heart to Richard who thought me this wonderful therapy!

Love from Aashild"



Tingvoll, Norway



Ireland

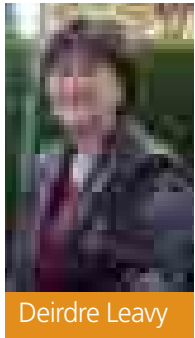
How SHEN has helped a very Brave Lady - Part One:

Report in 3 Parts from Deirdre Leavy CST. CSI. MISTA

January, 1999.

Mile buiochas.

My SHEN Journey: by Mary McCormack (Not real name)



Deirdre Leavy

Mary writes, "I thank God for the day I had my first SHEN appointment with Deirdre Leavy in summer of 1998. My journey to that day is an epic story... In brief, the background

to my story is atherosclerosis – 90% blockage of the circumflex artery with 30% progression in other arteries at summer 1994. In both cases I had all the relevant medical tests in hospital followed by medicinal drug treatment, and an 8 week coronary rehabilitation programme. In the case of the heart disease, I had a high total cholesterol level of 7 plus which all medical and dietary efforts failed to reduce. I also had an under active thyroid. My concentration was very poor. I was kept 'ticking over' with medical treatment, but without making any great progress. In fact the cholesterol kept creeping up (LDL high and HDL low). I found this situation very distressing, piling more stress on plenty of old stress. My body was seizing up.

Ever since I first heard of holistic healing on a theology course, I was interested in getting to know more about it, I felt that it would help me deal with emotional stress in me going back, I suspected, to when I was 13 months old. At that time my mother became very seriously ill, she was chronically and progressively ill for the rest of her life. She died 35 years later.. As a child I lived in constant fear, fretting that my mother might die.

In the autumn of 1994 I started out on what turned out to be a very long journey in finding a successful

alternative to conventional medicine, which, at this stage. was only treating the symptoms without getting to the root of the problem. On this journey I went to various holistic health professionals, and I have to say that I benefited in various ways from all of them. Eventually, in May, 1997 I was referred to a practitioner who used various approaches – kinesiology, reiki, reflexology, emotional healing, natural vision improvement, nutritional advice and products, absent healing, and much more – a body, mind, and spirit approach. This was great! I co-operated with this programme, which was time demanding, as best I could even though it left me stretched for time. However I had a faith difficulty with the absent healing which the therapist was strongly encouraging me to accept. Eventually, I decided against it because I could not know from her what philosophy it was coming out of, but from what she explained to me about it, I knew it was in conflict with my Christian Faith.

"A feeling of excitement welled up in me....."

I searched for and read anything I could about alternative therapies/ natural medicine and eventually I came upon a book called, 'The Natural Year'. In it Jane Alexander had a chapter on SHEN Therapy. I liked what I was reading, i.e., that it was a scientifically researched method of healing, focusing on the release of trapped emotions in the body to bring about physical healing and general well being. A feeling of excitement welled up in me when, through my research for a SHEN practitioner, I was directed to Deirdre Leavy, in nearby

Edgeworthstown, County Longford and made an appointment for my first treatment of SHEN Therapy.

" I was amazed at how deeply SHEN 'probes the whole body'."

I could hardly believe what was happening in the SHEN sessions, Deirdre guided me 'down into my body' helping me to connect with my feelings. I could (and can) still very easily slip back to thinking rather than feeling, because my head is overactive (with poor concentration), and was not aware of the importance of my feelings. I was amazed at the very strong feelings of anger and hurt that came up in me during sessions, and for which I shed some tears with great relief. The tears amazed me because as a child I was discouraged from crying. Feelings of anger and hurt that I thought I had dealt with kept emerging. Feelings of fear and guilt were also beginning to emerge. I was amazed at how deeply SHEN 'probes' the whole body. Deirdre pointed to the areas in my body where she found the low energy flow, eg., adrenals, liver and gall-bladder and my digestive system.

"I felt totally safe..."

I admired Deirdre's professionalism and skill in referral to other health professionals for specific advice in particular areas in which she was not qualified to help, my body return to good health. I felt totally safe and looked after on a holistic level, and made good progress with SHEN therapy. For the first time in my life I began 'feeling' emotions and



connecting them with my physical pain. Another welcome change was my growing ability to deal with stressful situations, to listen to other people's problems without taking on their pain. I am getting better at saying 'no' when it is appropriate to do so. At

this point I do not know where I am in my journey with SHEN or how long it is going to take, but I know I am on the right road.

These few paragraphs are a very brief outline of my life-health story. I end as I

began by thanking God for SHEN, and pray God's blessing on the Scientist, Richard Pavek, who developed it, and on all who practice the therapy, especially Deirdre".

Mary McCormack

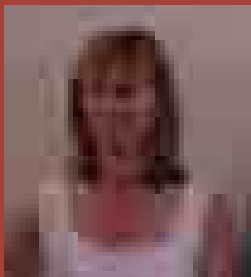
Report from Deirdre Leavy CST. CSI. MISTA

Mary continued with the SHEN treatment process until she felt empowered and totally pain free. She took control of her health by tuning in to her body. Later she decided against mainstream medicine and pharmaceutical

drugs opting instead for alternative/natural methods under professional guidance. In 2004 after evaluating, I was happy with her progress. She reached a plateau and my recommendation was to "call anytime stress

became problematic" and one or two sessions would be sufficient. It was time she enjoyed her new found awareness and freedom from pain.

Part Two will follow in the next issue of SHEN TOUCH



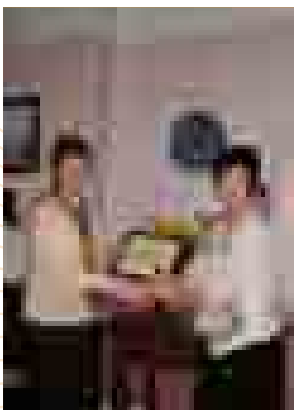
Yvonne Donnelly

A new SHEN Therapist for Ireland! Congratulations to Yvonne Donnelly, CST

The SHEN Therapy certification committee has granted Yvonne certification as a SHEN Therapist.

Congratulations and best wishes from the Certification committee, Deirdre Leavy her Mentor, and all fellow SHEN Therapists.

We hope to have a profile of Yvonne for the next issue of SHEN TOUCH Newsletter.



Judith (left) receiving her SHEN Certification from Deirdre

**Best Wishes for a speedy recovery to
Sister Judith Kirwan, retired CST.
From the Irish SHEN Community and International
fellow Therapists you worked with.**

***Hello, my friend; You're on my mind,
Because you're somehow ailing,
But your response to any challenge
Has always been unflinching.
So I'm confident you'll win again;
Hang in there, and you'll see;
You'll be back on top in no time,
Tackling life courageously.***

By Joanna Fuchs

Our message to you Judith is to remember Mark Twain's words "Be careful when reading health books; you may die of a misprint". www.SHENtherapy.ie



United Kingdom

We are delighted to announce the unveiling of a **NEW WEBSITE** for the UK and you are warmly invited to visit for a peek! www.SHENtherapyuk.com





EU herbal medicines law set for legal challenge

Published: 29 March 2011 | Updated: 01 April 2011



An EU ban on unregistered herbal medicine will be difficult to implement fairly and is set to be challenged in the courts, campaigners have claimed, in advance of an impending deadline for the sector.

Background

The Traditional Herbal Medicinal Products Directive, 2004/24/EC, was established to provide a regulatory approval process for herbal medicines in the EU, and came into force on 30 April 2004. Under the regulation, all herbal medicinal products are required to obtain an authorisation to market within the EU.

Under the directive, a company needs to demonstrate the safety and efficacy of its herbal medicine through traditional use within the EU for at

least 30 years, or 15 years within the EU and 30 years outside the EU.

Dr. Robert Verkerk, executive and scientific director of the UK-based Alliance for Natural Health – an NGO promoting natural remedies – said: "At the end of April we plan to challenge the directive first of all in the High Court in London, on the grounds that it is disproportionate, non-transparent and discriminatory. We then hope to have the case referred to the European Court of Justice in Luxembourg."

In defence of natural medicine

Meanwhile in France a petition against the directive has been launched by a group of natural remedy stakeholders calling itself 'Le Collectif pour la

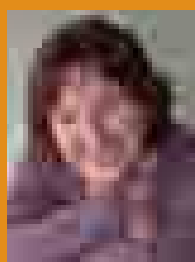
Défense de la Médecine Naturelle'.

It claims the directive imposes a disproportionately costly administrative burden on numerous natural remedies which have existed in Europe for centuries and are not dangerous. A statement from the campaign said: "We simply want the right to treat ourselves using alternative methods."

Examples of remedies threatened following the expiry of the deadline include traditional European herbal cures using hawthorn and meadowsweet in addition to a swathe of herbs used in traditional Indian Ayurvedic, Chinese and Amazonian remedies.

In 2003 European countries spent almost €3.5 billion (at manufacturers' prices to wholesalers) on over-the-counter herbal medicines.

Irish liberal MEP Marian Harkin, who is a member of the NGO Health First Europe, said: "There are real concerns that many of these herbal remedies will not be available to the public anymore. Many have been in use for thousands of years. There are issues about how they are to be assessed: can you use pharmaceutical techniques to assess something that is not a pharmaceutical product? A lot of these remedies will disappear."



Laura Campbell

New Zealand Workshop

Nelson Region Workshop August 4th – August 7th 2011

FREE SHEN Talk with Laura Campbell, CST. Thursday July 7th 2011 at 7pm

Venue: Fairfield House, Nelson.

7 day Workshop available in 2 parts SHEN A (3 days) & SHEN B(4 days)

Venue for both parts is the Hall of Awakening, Tasman





SHEN WORKSHOP DATES

Worcestershire - *Heart of England SHEN Therapy Centre, Bewdley, Worcestershire*

7 day SHEN "Emotional Healing & Personal Development Workshop" in 2 Parts - Workshop Leader – Tony Bailey, CSI

Part "A" 3 days Weekend Workshop

October 2011: Friday 14th October to Sunday 16th inclusive

March 2012: Friday 16th March to Sunday 18th March inclusive

October 2012: Friday 12th October to Sunday 14th October inclusive

Part "B" 4 days Weekend Workshop

December 2011: Friday 2nd December to Monday 5th inclusive

July 2012: Friday 6th July to Monday 9th July inclusive

November/December 2012: Friday 30th November to Monday 3rd December inclusive

London - *Columbia Hotel, Lancaster Gate, London*

7 day SHEN "Emotional Healing & Personal Development Workshop" in 2 Parts Workshop Leader – Tony Bailey, CSI

Part "A" 3 days Weekend Workshop

September 2011: Friday 23rd September to Sunday 25th inclusive

February 2012: Friday 10th February to Sunday 12th February inclusive

September 2012: Friday 21st September to Sunday 23rd September inclusive

Part "B" 4 days Weekend Workshop

November 2011: Friday 4th November to Monday 7th inclusive

June 2012: Friday 8th June to Monday 11th June inclusive

November 2012: Friday 2nd November to Monday 5th November inclusive

Glasgow - *Lorne Hotel, 923 Sauchiehall Street, Glasgow, G3 7TQ*

7 day SHEN "Emotional Healing & Personal Development Workshop" in 2 Parts - Workshop Leader – Tony Bailey, CSI

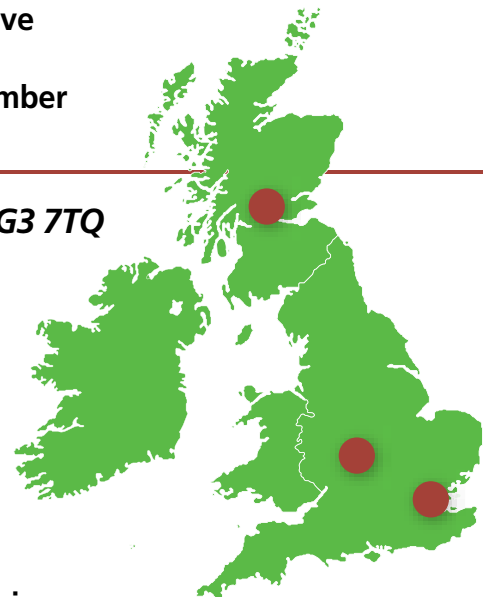
Part "A" 3 days Weekend Workshop

April 2012: Friday 20th April to Sunday 22nd April inclusive

Part "B" 4 days Weekend Workshop

August 2011: Friday 5th August to Monday 8th inclusive

August 2012: Friday 3rd August to Monday 6th August inclusive



All dates are inclusive and Workshops begin at 9:00am and finish at 5:00pm

Costs: 3 day Workshops: £300 / 4 day Workshops: £400

For more information, registration and accommodation, please contact:-

Tony Bailey, CSI • Tel/Fax: 01299 401407 • Mobile: 07801 810016 Email: tony@SHENtherapyuk.com

You can also book & pay online at: www.SHENtherapyuk.com

